## Appendix J MMAT Results

Types of study design	Methodological quality criteria	Ber- nard et al. 2019	Con- can- non et al. 2019	Es- tuar et al. 2016	Gou- revit- ch et al. 2019	Hamoy et al. 2016	Harris et al. 2018	Hom- su- wan et al. 2018	Jin- pon et al. 2017a	Jin- pon et al. 2017b	Mar- shall et al. 2017	Path- rian- nehe- lage et al. 2018	Pike et al. 2017	Saha et al. 2018	Sen- yoni et al. 2019	Thor- ve et al. 2018	Waye et al. 2018	Zheng et al. 2010	Zheng et al. 2013
Screening questions (for all	S1. Are there clear research questions?	?	Х	Х	Х	Х	Х	Х	Х	Х	Х	X	Х	Х	٧	Х	٧	٧	٧
types)	S1.1. Are there research objectives?	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	-	٧	-	-	-
	S2. Do the collected data allow to address the research questions/objectives?	٧	٧	?	?	٧	٧	٧	٧	٧	?	٧	٧	٧	٧	٧	٧	٧	٧
1. Qualitative	1.1. Is the qualitative approach appropriate to answer the research question?	٧	٧	-	٧	٧	٧	-	-	-	-	-	٧	?	٧	٧	٧	٧	-
	1.2. Are the qualitative data collection methods adequate to address the research question?	٧	٧	-	?	٧	٧	-	-	-	-	-	٧	٧	٧	٧	٧	٧	-
	1.3. Are the findings adequately derived from the data?	٧	?	-	?	?	?	-	-	-	-	-	?	?	?	٧	٧	?	-
	1.4. Is the interpretation of results sufficiently substantiated by data?	٧	٧	-	Х	٧	٧	-	-	-	-	-	?	?	?	٧	٧	?	-
	1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation?	٧	?	-	?	٧	٧	-	-	-	-	-	?	?	?	٧	٧	?	-
2. Randomized controlled trials		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
3. Non-random- ized studies		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
4. Quantitative descriptive	4.1. Is the sampling strategy relevant to address the research question?	-	٧	?	-	?	-	?	?	?	?	?	-	-	-	٧	-	-	?

	representative of the target population?  4.3. Are the meas-																		
	4.5. ATE THE IHEAS-	_	?	?		٧		?	٧	?	?	?				٧			
	urements appropri-	-	·	ŗ	-	V	-	·	V	ŗ	ŗ	ŗ	-	-	-	V	-	-	
	ate?																		
	4.4. Is the risk of non- response bias low?	-	?	Χ	-	?	-	?	?	?	?	?	-	-	-	?	-	-	1
	4.5. Is the statistical	_	?	٧		٧		٧	٧	٧	?	?				?			
		-	r	V	-	V	-	V	V	V	ŗ	ŗ	-	-	-	ŗ	-	-	
	analysis appropriate to answer the re-																		
	search question?																		
. Mixed meth-	5.1. Is there an ade-		?			2										٧			
ds	quate rationale for	-	•	-	_	:	-	-	_	-	-	-	-	_	-	V	-	_	
us	using a mixed meth-																		
	ods design to address																		
	the research ques-																		
	tion?																		
	5.2. Are the different	_	?	_	_	٧	_	_	_	_	_	_	_	_	_	٧	_	_	
	components of the		•			•										•			
	study effectively inte-																		
	grated to answer the																		
	research question?																		
	5.3. Are the outputs	-	?	-	-	?	-	-	-	-	-	-	-	-	-	?	-	-	
	of the integration of																		
	qualitative and quan-																		
	titative components																		
	adequately inter-																		
	preted?																		
	5.4. Are divergences	-	?	-	-	Х	-	-	-	-	-	-	-	-	-	?	-	-	
	and inconsistencies																		
	between quantitative																		
	and qualitative re-																		
	sults adequately ad-																		
	dressed?					,													
	5.5. Do the different	-	?	-	-	٧	-	-	-	-	-	-	-	-	-	٧	-	-	
	components of the study adhere to the																		
	quality criteria of																		
	each tradition of the																		
	methods involved?																		

Note: "v" = yes; "x" = no; "?" = cannot tell; "-" = not applicable